



SWIM GROUP EQUIPMENT LIST (2025-2026)

NOTE: Swimmers must have their practice equipment at all workouts

	<u>Required Equipment</u>	<u>Suggested Optional Equipment</u>
Wave	1 Blue Team Shirt & 1 Red Team Shirt	1 Spare Blue Team Shirt
	1 Team Caps (<i>if worn</i>)	1 Spare Red Team Shirt
	2 Pairs of Goggles	1 Spare Team Caps (<i>if worn</i>)
	1 Practice Suit	Arena or Speedo Backpack
	1 Team Racing Suit (<i>Included in annual fees</i>)	Quick Dry Towel
	Stingrays Hoodie/Sweatshirt	
	Stingrays Sweatpants	
	Fins, Kickboard, Mesh Equipment Bag	
	Water Bottle	
Dev 1 & 2	1 Blue Team Shirt & 1 Red Team Shirt	1 Spare Blue Team Shirt
	1 Team Caps (<i>if worn</i>)	1 Spare Red Team Shirt
	2 Pairs of Goggles	1 Spare Team Caps (<i>if worn</i>)
	1 Practice Suit	1 Spare Pair of Goggles
	1 Team Racing Suit (<i>Included in annual fees</i>)	Arena or Speedo Backpack
	Stingrays Hoodie/Sweatshirt	Quick Dry Towel
	Stingrays Sweatpants	
	Fins, Kickboard, Mesh Equipment Bag	
	Snorkel, Pull Buoy	
	Water Bottle	
AG 5	1 Blue Team Shirt & 1 Red Team Shirt	1 Spare Blue Team Shirt
	1 Team Caps (<i>if worn</i>)	1 Spare Red Team Shirt
	1 Pair of Goggles	1 Spare Team Caps (<i>if worn</i>)
	1 Practice Suit	1 Spare Pair of Goggles
	1 Team Racing Suit (<i>Included in annual fees</i>)	Arena or Speedo Backpack
	Stingrays Hoodie/Sweatshirt	Quick Dry Towel
	Stingrays Sweatpants	
	Fins, Kickboard, Pull buoy. Mesh Equipment Bag	
	Snorkel	
	Water Bottle, Skipping Rope	
AG 3 - 4	1 Blue Team Shirt & 1 Red Team Shirt	1 Spare Blue Team Shirt
	1 Team Caps (<i>if worn</i>)	1 Spare Red Team Shirt
	1 Pair of Goggles	1 Spare Team Caps (<i>if worn</i>)
	1 Practice Suit	1 Spare Pair of Goggles
	1 Team Racing Suit	Arena or Speedo Backpack
	Stingrays Hoodie/Sweatshirt	Quick Dry Towel
	Stingrays Sweatpants	
	Fins, Kickboard, Pull buoy, Mesh Equipment Bag	
	Snorkel	
	Water Bottle, Skipping Rope	
	Finis Agility Paddles	
AG 1 - 2, National & HP	1 Blue Team Shirt & 1 Red Team Shirt	1 Spare Blue Team Shirt
	1 Team Caps (<i>if worn</i>)	1 Spare Red Team Shirt
	1 Pair of Goggles	1 Spare Team Caps (<i>if worn</i>)
	1 Practice Suit	1 Spare Pair of Goggles
	1 Racing Suit	Arena or Speedo Backpack
	Stingrays Hoodie/Sweatshirt	Quick Dry Towel
	Stingrays Sweatpants	
	Arena Powerfin Pro Fins	
	Kickboard, Skipping Rope, Water Bottle	
	Snorkel	
	Pull buoy, Ankle Bands (<i>Green for AG3 & AG4</i>)	
	Pair of Paddles (Preference Finis Strapless Paddles)	